

	SUN	MON	TUE	WED	THU	FRI	SAT
LONG ISLAND							
MERRICK ABUNDANCE BDA , Cure de Ars Church 2302 Merrick Ave., 2nd entrance on left of school, Room 210			6pm-7pm				
SYOSSET Comm. Church of Syosset – 36 Church St. (school bsmt) (between Split Rock Rd. & Berry Hill Rd.) – Syosset, NY 11791 SUN.: STEP MTNG/ FRI.: FRI. NIGHT RELIEF GRP.	9:30am to 11am					7:40pm to 9:10pm	
DON'T PANIC – Ascension Lutheran Church, Room 9 33 Bayshore Road (Off Route 231) Deer Park, NY	6:30pm						
EAST END PROSPERITY – Immaculate Conception RC Church Parish Center, 18 Ocame Avenue Westhampton Beach, NY	8pm						
SOLVENCY THROUGH SERVICE – 90 Edgewater Ave., Smithtown, NY 1787		8pm			8pm		
MERRICK – Merrick, NY – Cure of Ars Church 2302 Merrick Ave. (left school, 2nd entrance, Rm 210) – TUESDAY- ABUNDANCE (BDA, B & R) – SATURDAY-PROSPERITY (B & R)			B 7pm R 8pm				B 9:10am R 10:15am
DA MEETING – Sayville, NY St. Ann's Episcopal Church, 257 Middle Road 11782				7pm			
KEEP IT GREEN – East Hampton Senior Citizen's Center – 128 Springs Fireplace Road, East Hampton, NY 11937						8pm	
LONG ISLAND – BDA – Merrick, NY – Cure of Ars Church 2302 Merrick Ave. School Bldg (2nd Floor)							10:15am to 11:30am
CONNECTICUT							
WESTPORT DA (& BDA) – Saugatuck Congregational Church (2nd fl.) – 245 Post Rd. East – Monday BDA (7:30am) VISIONS (7pm) / Wednesday STEPS TO ABUNDANCE Thursday AFFLUENCE		7:30am BDA 7pm		S 12pm	R 7:30am		
OVERCOMING UNDEREARNING – Write Yourself Free, 252 Post Road East, Westport			7:30am				
ACTIONS TOWARDS VISIONS – St. Catherine's Church 4 Riverside Avenue, Room #208 Riverside, CT 06878 Entrance Around the back of Church!			7pm				
PLAINVILLE DA – Wheeler Clinic – 91 Northwest Drive Plainville, CT (Call for directions 860-793-3766)					7:30pm		
NEW HOPE – St. Catherine of Sienna Church (room 104) 4 Riverside Ave. – Riverside, CT						7:30pm	
UPSTATE / WESTCHESTER COUNTY / ROCKLAND COUNTY (cont'd on next page)							
DA STEPS & TRADITIONS MEETING OF NEW PALTZ Family of New Paltz, 51 North Chestnut St. (Rte. 32) (building in back)	5:30pm to 6:30pm						
NEW HOPE – St Paul's Episcopal Church (upstairs) Route 94 & Maple Avenue-Chester, NY	6pm						
ABUNDANCE – Christ Lutheran Church (fellowship hall – set back on left) 28 Mill Hill Rd. (near center of Woodstock, NY)	7:30pm to 9pm						
NYACK EARLY BIRDS –First Reformed Church of Nyack 18 South Broadway (North Side entrance on Burd St. between Broadway & Cedar Street)		7am					
CROTON SOLVENCY FIRST – Holy Name of Mary Parish Ctr. – 2nd Fl. Libr. (School Bldg.) 110 Grand St.		7:30pm					
WATCH US GROW – St. Andrew Episcopal Church – 10 N. Main Ave., Albany, NY (Directions: Pine Hills, center of Albany, corner Madison Ave & Main, enter on N. Main)			7:30pm				
NEW BEGINNINGS – St. James Methodist Church Corner of Pearl and Fair Street, Kingston, NY (Use Pearl Street entrance ramp and go upstairs.)				7pm			
LIVING RECOVERY – Grace Church of Nyack 130 First Avenue Nyack, NY					6pm		

THIRD STEP PRAYER: God, I offer myself to Thee - to build with me and do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life. May I do Thy will always! Amen.

SEVENTH STEP PRAYER: My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go from here, to do your bidding, Amen.

ELEVENTH STEP PRAYER: Lord, make me a channel of Thy peace that where there is hatred, I may bring love that where there is wrong, I may bring the spirit of forgiveness that where there is discord, I may bring harmony that where there is error, I may bring truth that where there is doubt, I may bring faith that where there are shadows, I may bring light that where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort, than to be comforted to understand, than to be understood to love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to Eternal Life. Amen.

PREAMBLE

DEBTORS ANONYMOUS is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from compulsive debt. The only requirement for membership is a desire to stop incurring unsecured debt. There are no dues or fees for D.A. membership; we are self-supporting through our own contributions. D.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stop debting one day at a time and to help other compulsive debtors to stop incurring unsecured debt.

CLOSING STATEMENT

The opinions expressed here today are strictly those of the individuals who gave them. The things you have heard here are spoken in confidence and should be treated as confidential. We do not take outside the meeting what we hear and who we see at the meeting.

If you'll try to absorb what you have heard, you are bound to gain a better understanding of the way to handle your problems.

Talk to each other, reason things out with someone else; let there be no gossip or criticism of one another, but only Love, Understanding and Companionship.

B = Beginners Meeting
R = Regular Meeting

S = Step Meeting
O = Open to Public

WA = Wheelchair Accessible
BDA = Business Owners' DA

	SUN	MON	TUE	WED	THU	FRI	SAT
UPSTATE / WESTCHESTER COUNTY / ROCKLAND COUNTY (cont'd)							
GOD'S HOPE – Clintondale Christian Church, 302 Crescent Ave. (bldg. nearest street.), off 45/55 & Maple Ave., Clintondale NY [See DA website for directions]					7:30pm		
KATONAH DA – First Presbyterian Church, 31 Bedford Road (Route 117 at Valley Road), Katonah, NY 10536					7:45 -9pm		
THE SHARON GROUP , Millerton Presbyterian Church, 58 Main St., Millerton, NY						7pm	
NEW VISIONS – Overlook Methodist Church 233 Tinker Street, Woodstock, NY – (2 miles west of Woodstock on Route 212 on the way to Bearsville)							10:30am

Debtors Anonymous Literature is available for group or individual purchase at the DA Abundance Meetings (B-7pm & R-8:10pm)
Literature Sales: Monday evenings, 7:00-8:30 pm

Gracie Square Hospital, 420 E. 76th St., First Floor, Room 100 (between First Ave. & York Ave.)

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This Meeting List of DA of Greater New York is checked for accuracy and updated with the latest information with your help. Please report corrections to:
nydameeting@yahoo.com

Empire State DA Intergroup serves Mid-Hudson, Albany/Capital District (Kings, Woodstock, Albany). For more information about Mid-Hudson and Capital District DA meetings and events, contact the Empire State DA Intergroup at: (888) 344-1990

Meeting List – August 2011

DEBTORS ANONYMOUS OF GREATER NEW YORK

P.O. Box 452
Grand Central Station
New York, NY 10163
help@danyc.info

Meeting Phonebank
(212) 969-8111

Call for latest info on meetings and events

For information and meetings outside our area and throughout the world, contact:

D.A. General Service Office
P.O. Box 920888 • Needham, MA 02492-0009
Phone (781)453-2743 or (800)421-2383
Fax (781)453-2745
www.debtorsanonymous.org

A Word to Newcomers

If you are having problems with money and debt and think you may be a compulsive debtor, you have come to the right place and we can help you. It is suggested that at first you attend at least six meetings over a period of two weeks to have time to identify with the speakers and absorb the D.A. concepts. If you then think D.A. is for you, you can arrange to have your first pressure relief meeting.

SERENITY PRAYER: *God, grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.*



Intergroup

DANYC Intergroup serves all DA groups meeting in the greater New York area by coordinating ongoing operations, special events, meeting lists and other publications. Intergroup is supported by contributions taken at each meeting (see the "Suggested Group Contribution Policy") as well as from personal contributions from members. There are 12 elected positions in Intergroup, which require six months without incurring new unsecured debt and two pres-

sure relief meetings. Each group in the New York area can send up to two voting representatives and one non-voting alternative representative. Ninety days without incurring new debt is recommended for group representative, however each group is autonomous in determining its own requirements for representatives. The elected positions at Intergroup are:

- President
- Vice President
- Treasurer
- Recording Secretary
- Literature Sales Coordinator
- Website Coordinator
- Correspondence Coordinator
- Outreach Coordinator
- Bottom Line Coordinator
- Special Events Coordinator
- Spanish Language Coordinator
- Archive Coordinator
- Phone Meeting List Coordinator
- Meeting List Coordinator

Intergroup meetings

Intergroup meetings generally take place on the last Thursday of the month at the Albert Ellis Institute, 45 East 65th Street, New York from 6:45 to 8:45 pm. Ask the receptionist for the room number. All DA members are welcome to attend.

General Service Representatives

Elected representatives from each Debtors Anonymous Group coordinate service for the international fellowship of Debtors Anonymous. Monthly meetings of the New York area GSRs generally take place on the last Tuesday of each month at the Albert Ellis Institute, 45 East 65th St. from 6:30 pm to 8:30 pm. Ask the receptionist for the room number. All DA members are welcome to attend.

Suggested Group Contribution Policy

After each group has paid expenses (rent, literature, etc.), and a prudent reserve is retained in the treasury, the balance can be contributed to DA service bodies. It is suggested that **45% of the balance be sent to NY Area DA Intergroup** at the following address: Debtors Anonymous of Greater New York, P.O. Box 452, Grand Central Station, New York, NY 10163; **45% of the balance be sent to DA General Service Office**, P.O. Box 920888, Needham, MA 02492-0009; and **10% of the balance be sent to DA GSR of Greater New York**, P.O. Box 1215 Murray Hill Station, New York, NY 10156-0605.

	SUN	MON	TUE	WED	THU	FRI	SAT
MANHATTAN							
DA & BDA: RECOVERING FROM UNDEREARNING, FEAR OF SUCCESS, & VISION ISSUES Houston Street Center, 273 Bowery (corner of E. Houston)	10:00 am (DA and BDA)						
CREATING YOUR VISION – R The Lesbian & Gay Community Services Center 208 West 13th Street	12:15pm						
LIVING WITH HIGH DEBT – R Church of the Holy Name (Little Room) 207 W. 96th Street (btwn. B'way & Amsterdam) (Tools workshop 1st Sunday of the month; regular mtgs other weeks)	2:45 pm						
CLEARING THE WAY – R (Focus on clutter & solvency) St. Ignatius Loyola Parish House Library 980 Park Avenue (between E.83rd & E.84th St.)	4pm						
INTEGRITY – B-6pm R-7pm WA McBurney YMCA, 125 West 14th St. (between 6th & 7th Ave)	B 6pm R 7pm						
MALIBU DINER – R-back booth- 163 West 23rd Street (between 6th and 7th Ave.) MON- POWERHOUSE / TUES-MORNING AFFIRMATIONS / WEDNESDAY-MALIBU MORNING / THURS-STEPS / FRI-FRIENDS & FAMILY		7am	7am	7am	7am	7am	
DA AWARENESS/VISIONS – Public Space, 1991 Broadway (btwn 67 & 68), in Lobby in front of Ollie's. No mtgs on federal holidays; wheelchair accessible. 1st mtg Sept 1.			8:05am– 9:05am		8:05am– 9:05am		
HOPE OF A HIGHER POWER – Conservatory Garden, Central Park, 5th Ave. at 105th St., South Fountain (Child friendly)	12 Noon						
NEW CHURCH DA NOON MEETING – R WA New Church 114 East 35th Street (between Park & Lexington)	12:30pm						
STEPS – TOOLS S Holy Trinity Rectory 211 West 82nd St. (side entrance)	12:30pm						
ABUNDANCE – Gracie Square Hospital (First floor - Rm. 100) 420 East 76th Street (btwn. 1st Ave. & York)- Literature avail.		B 7:00pm R 8:10pm					
LESBIAN AND GAY ALL-WELCOME MONDAY NIGHT STEP MEETING OF DA – S Lesbian and Gay Community Svcs. Ctr. 208 W. 13th St.		7:30pm					
ENOUGH – R St. Margaret's House Library 49 Fulton Street (near South Street Seaport)			12:15 pm				
ST. BART'S – MIDTOWN Tu – R WA St. Bartholomew's Church 109 E. 50th St. (bet.Park & Lex.)			12:30pm				
FOLLOWING YOUR INNER VOICE – O St. John the Baptist 210 W. 31 St. (bet 7 & 8 Ave.) (near Madison Sq. Garden)			5:30 pm				
JOHN H. PROSPERITY MEETING – B Albert Ellis Institute 45 East 65th Street Between Park Ave. and Madison Ave.			B 6:15pm R 7:30pm				
COMPULSIVE SHOPPERS/OVERSPENDERS – Arts Building 303 West 42nd Street, Rm 404 (Between 8th and 9th Avenues)			7:30 to 8:30pm				
STEPS TO ABUNDANCE – STEP READING & WRITING S Lesbian & Gay Community Services Ctr., 208 W.13th Street (between 7th and Greenwich Aves.)				11:45am S			
DA – R New Church 114 East 35th Street, 2nd Floor (Between Park Avenue and Lexington)				12:30 pm			
BUSINESS OWNERS' DEBTORS ANONYMOUS St. John the Baptist Church 210 West 31st St.-Basement (betw. 7th & 8th Aves. across from Madison Sq. Garden)				BDA- B-5:30pm R-6:40pm			
BDA Holy Name Church 207 West 96th Street (between Broadway and Amsterdam)				8:45 pm to 9:45			
VISION MEETING – WA New Church 114 East 35th Street (betw. Park Ave. & Lexington), 2nd Flr, Studio Room					12:30pm		
ARTS AND ENTERTAINMENT The Actor's Fund, 11th floor, 729 Seventh Ave. (between 48th and 49th Streets)					6:15pm		
FEAR OF SUCCESS – St. Patrick's Old Cathedral, 32 Prince St. (btwn Mulberry & Mott), Cafeteria					8:15pm		
COURAGE TO CHANGE St. Peter's Church (54th Street & Lexington Avenue)						11:30am- 12:30pm	

THE TWELVE STEPS OF DEBTORS ANONYMOUS

1. We admitted we were powerless over debt—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to compulsive debtors, and to practice these principles in all our affairs.

DEBTORS ANONYMOUS TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends upon D.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for D.A. membership is a desire to stop incurring unsecured debt.
4. Each group should be autonomous except in matters affecting other groups or D.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the debtor who still suffers.
6. A D.A. group ought never endorse, finance, or lend the D.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every D.A. group ought to be fully self-supporting, declining outside contributions.
8. Debtors Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. D.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Debtors Anonymous has no opinion on outside issues; hence the D.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

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	SUN	MON	TUE	WED	THU	FRI	SAT
MANHATTAN (cont'd)							
BLUEPRINT FOR PROSPERITY – S Metro Baptist Church-410 W. 40th St. Just west of 9th Ave. (Ring Bottom Bell)						12:30pm	
SELF-EMPLOYED First Presbyterian Church, Lower Level 12 West 12th St. (corner of 5th Ave.)						B 7pm R 8:15pm	
STEPS TO PROSPERITY St. Ignatius Loyola Church Rectory, ring bell 980 Park Ave. (between East 83rd & 84th St.)						7:15pm	
DA & BDA: RECOVERING FROM UNDEREARNING, FEAR OF SUCCESS, & VISION ISSUES – WA Church of the Holy Apostles, 296 9th Avenue at 28th St., Entrance on 9th Avenue, red door							8:30am to 9:45am
MEDITATION, STEPS, & TOOLS – S 25 East 15th Street, 7th Flr, ask receptionist for room.							9am
WRITERS' PROSPERITY MEETING Lesbian and Gay Community Center 208 West 13rd St. (btwn 7th & 8th Aves)							11:15am to 12:45pm
UPTOWN VISIONS All Angels Church, 251 West 80th St. (btwn Broadway & West End Avenue)							11:30am to 1pm
SATURDAY RECOVERY St. Peter's Lutheran Church, 619 Lex. Ave. (enter on East 54th St., ground fl. of Citicorp Bldg.)							B 2pm R 3pm
JUAN H. La Primera Iglesia Hispana Unida Metodista 163 East 111th Street (Lexington & Third Avenue)							4pm to 5pm
DA SOUGHT THROUGH PRAYER & MEDITATION Lesbian and Gay Community Services Center 208 West 13th St. (betw. 7th & 8th Aves.)							4:15pm to 5:45pm
BEYOND YOUR WILDEST DREAMS: ENDING UNDEREARNING Holy Name Church, lower level AA rm., 207 W. 96th St. (betw. B'way & Amsterdam Avenue)							6:30pm
STEPS ON SATURDAY McBurney YMCA, 125 West 14th St.							6:30pm to 8pm
BROOKLYN							
PARK SLOPE TOOLS All Saints Church, 7th Ave. & 7th St. (enter thru the garden)		12 Noon					
MONEY DRUNKS R US , Devoe Street Baptist Church 140 Devoe St., btwn Manhattan & Graham, enter through gate and down small stair, side of church		6:30pm to 7:30pm					
SUNRISE VISIONS Connecticut Muffin (mezzanine) 115 Montague Street Brooklyn Heights			7am				
COURAGE TO CHANGE STEP MEETING – S Plymouth Church of the Pilgrims, 75 Hicks St. (corner of Hicks & Orange St.), Brooklyn Heights				6:30pm			
TOOLS FOR ABUNDANCE Plymouth Church of the Pilgrims 75 Hicks St. (corner of Hicks & Orange St.)							9:30am
QUEENS							
TOOLS & STEPS – S Our Lady of Mercy School, auditorium, 70-01 Kessel St. (at 70th Ave), Forest Hills		8pm					11:30am

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THE TOOLS of DEBTORS ANONYMOUS

Recovery from compulsive debt begins when we stop incurring new, unsecured debt, one day at a time. (Unsecured debt is any debt that is not backed up by some form of collateral, such as a house or other asset.) We attain a daily reprieve from compulsive debt by practicing the 12 Steps and by using the following tools.

- Meetings-** We attend meetings at which we share our experience, strength and hope with one another. Unless we give to newcomers what we have received from D.A., we cannot keep it ourselves.
- Record Maintenance-** We maintain records of our daily income and expenses, of our savings, and of the retirement of any portions of our outstanding debts.
- Sponsorship-** We have found it essential to our recovery to have a sponsor and to be a sponsor. A sponsor is a recovering debtor who guides us through the Twelve Steps and shares his or her own experience, strength, and recovery.
- Pressure Relief Groups and Pressure Relief Meetings-** After we have gained some familiarity with the D.A. program, we organize Pressure Relief Groups consisting of ourselves and two other recovering debtors who have not incurred unsecured debt for at least 90 days and who usually have more experience in the program. The group meets in a series of Pressure Relief Meetings to review our financial situation. These meetings typically result in the formulation of a spending plan and an action plan.
- Spending Plan-** The spending plan puts our needs first and gives us clarity and balance in our spending. It includes categories for income, spending, debt payment and savings (to help us build cash reserves, however humble). The income plan helps us focus on increasing our income. The debt payment category guides us in making realistic payment arrangements without depriving ourselves. Savings can include prudent reserve, retirement and special purchases.
- Action Plan-** With the help of our Pressure Relief Group, we develop a list of specific actions for resolving our debts, improving our financial situation, and achieving our goals without incurring unsecured debt.
- The Telephone and the Internet-** We maintain frequent contact with other D.A. members by using the telephone, e-mail, and other forms of communication. We make a point of talking to other D.A. members before and after taking difficult steps in our recovery.
- D.A. and A.A. Literature-** We study the literature of Debtors Anonymous and of Alcoholics Anonymous to strengthen our understanding of compulsive disease and of recovery from compulsive debt. In A.A. literature we can identify with many of the situations described by substituting the words "compulsive debt" for "alcohol."
- Awareness-** We maintain awareness of the danger of compulsive debt by taking note of bank, loan company and credit card advertising and their effects on us. We also remain aware of our personal finances in order to avoid vagueness, which can lead to compulsive debt or spending.
- Business Meetings-** We attend business meetings that are held monthly. Many of us have long harbored feelings that "business" was not a part of our lives but for others more qualified. Yet participation in running our own program teaches us how our organization operates, and also helps us to become responsible for our own recovery.
- Service-** We perform service at every level: personal, meeting, Intergroup, and World Service. Service is vital to our recovery. Only through service can we give to others what so generously has been given to us.
- Anonymity-** We practice anonymity, which allows us freedom of expression by assuring us that what we say at meetings or to other D.A. members at any time will not be repeated.